

# LTC+ Advanced Practice Nurse

## Role and Services

### What services does the LTC+ Advanced Practice Nurse (APN) line offer?

- Facilitate non-urgent consultations for specialized services (e.g. palliative care, behavioural services, geriatrics, etc.)
- Support LTC home nursing staff in assessing patient needs, problem solving and developing care plans
- Help connect LTC home staff with community resources and coordinate services to promote safe and quality care for residents
- Provide support for COVID-19 related questions or concerns; including testing, IP&C, staffing and PPE

### When should you consider calling the APN line?

Here are some examples of when you might find it helpful to call the APN Line:

- A nurse needs to reconstitute and administer a medication that a resident usually receives at their specialized medicine clinic and they need support in administering the medication safely.
- A resident needs urgent diagnostic imaging, labs or IV services and they are unsure who to contact or are having difficulty getting in touch with their usual provider.
- The nursing staff and PCP have identified a resident who would benefit from palliative care services (or geriatrics, psychiatry and other specialty services), and you are unsure about who to contact in your area.

Following a consult with a LTC+ GIM specialist, our APNs can support you by facilitating services as outlined above, and support nursing staff with non-acute patient management concerns. For example:

- Patient with low blood pressure and low blood glucose (A&Ox3) with goals of care to remain in home (DNR). Acute care management plan already in place by attending PCP, requesting IV access, imaging and stat lab work. Nursing Director called to ask for help in coordinating urgent imaging to rule out PNA, and assistance with securing IV access for fluid resuscitation. Resident already receiving PO and SubQ fluids. APN connected them with NLOT & SLT services and followed up to ensure they were carried out.

### How can I access LTC+ APN services?

To speak with the Advanced Practice Nurse, Shelly Li, MN, NP-PHC, please call **1-855-LTC-PLUS**, Option #2 Monday – Friday, 9AM – 5PM

If you have non-urgent needs or questions, please feel free to email us at [ltcplus@wchospital.ca](mailto:ltcplus@wchospital.ca).

To access additional information, requisitions and referral forms, visit [www.LTCplus.ca](http://www.LTCplus.ca)

**1-855-LTC-PLUS (1-855-582-7587)**