

# NLOT Services Available for LTC Homes

## What is NLOT/NPSTAT and how can it help my LTC home?

The Nurse Led Outreach Team (NLOT) and Nurse Practitioners Supporting Teams Averting Transfers (NPSTAT) provide nursing expertise and support to LTC homes. NLOT/NPSTAT work collaboratively with the LTC homes' nurses and physicians to coordinate resident care. By supporting the LTC home staff with clinical assessments, prescribed interventions and palliative care, NLOT/NPSTAT can:

- Build nursing capacity through support, education, and membership
- Reduce resident transfers from LTC homes to hospitals; and
- Facilitate the repatriation of hospitalized LTC residents.

LTC home staff are encouraged to contact NLOT/NPSTAT if they are considering transferring a resident to the hospital.

## What Services does NLOT/NPSTAT Provide?

- Emergency nursing assessments
- Pain assessments
- IV access including antibiotics
- IV hydration/hypodermoclysis
- Tracheostomy care
- Difficult foley catheter care
- PICC line management/removal
- Suprapubic catheter changes
- Feeding tubes (monthly checks, replacements)
- Non-vascular drain care
- Minor wound care
- Staples/suture removal
- Family meetings/support
- Staff support/education/mentoring

## How to reach NLOT/NPSTAT?

<b>Toronto West Hub</b> <b>647-822-1902</b> Mon – Sun, 9am-7pm Manager: Janet Pilgrim	<b>Toronto East Hub</b> <b>416-587-7394</b> Mon – Sun, 9am-7pm Manager: Dorothy Quon	<b>Toronto Central Hub</b> <b>416-635-2456</b> Mon – Sun, 9am-7pm Manager: Karimah Alidina	<b>Trillium Hub</b> <b>416-271-1291</b> Mon – Sun, 9am-7pm Manager: Gordon Canning
Castleview Wychwood Towers Cedarvale Terrace Copernicus Lodge Elm Grove Living Centre Fairview Nursing Home Garden Court Nursing Home Hellenic Care for Seniors Ivan Franko Home Kensington Gardens Lakeshore Lodge Lakeside Long Term Care Maynard Nursing Home Mon Sheong Home for the Aged Norwood Nursing Home The O'Neill Centre Vermont Square West Park Healthcare Centre White Eagle Residence	Belmont House Chester Village Fountain View Care Community Fudger House Harmony Hills Care Community Ina Grafton Gage Home Isabel & Arthur Meighen Manor Main Street Terrace Midland Gardens Nisbet Lodge Providence Healthcare Rekai Centre Sherbourne Place Rekai Centre Wellesley Central St. Clair O'Connor Community Centre St. George Care Community Suomi- Koti Nursing Home The Heritage Nursing Home True Davidson Acres	Better Living Thompson House Carefree Lodge Cheltenham Care Community Cummer Lodge Downsview Long Term Care Extencicare Bayview Gibson Long Term Care Centre Harold & Grace Baker Centre Hawthorne Place Care Centre Norfinch Care Community North Park Nursing Home NYGH Seniors Health Centre Ukrainian Canadian Care Centre Valley View Residence Villa Colombo Village of Humber Heights Weston Terrace Care Community	Dom Lipa Nursing Home Eatonville Care Centre Labdara Lithuanian Nursing Home Wesburn Manor The Westbury

To access additional information, requisitions and referral forms, visit [www.LTCplus.ca](http://www.LTCplus.ca)

**1-855-LTC-PLUS (1-855-582-7587)**