

COVID-19 Symptom Management and End-of-life Care Order Set: Long-Term Care Homes

All below are recommended STARTING doses. COVID-19 symptoms may advance quickly.
Be prepared to escalate dosing. This order set does not include a palliative sedation protocol.

Check Orders:

SUBCUTANEOUS PORT: Insert SC butterfly for scheduled and PRN medication administration. Change every 3 days.
SUPPLEMENTAL OXYGEN PRN: Via nasal prongs for DYSPNEA to a maximum of 4L/min as needed. Titrate to comfort and not to O2 saturation.
CATHETER INDWELLING: Insert indwelling urinary catheter PRN for urine retention.
DIET AS TOLERATED: (comfort feeding if awake) OR NPO (if not awake).
PHARMACOLOGICAL SYMPTOM MANAGEMENT: Start with PRN medication dosing, but low threshold to advance to scheduled dosing. If using > 3 PRNs in 24h, consider scheduled dosing AND continue PRN dose. Discontinue non-essential medications.
HYDROMORPHONE HCL (DILAUDID) 2 mg/mL SC PRN: Inject 0.25 mg subcutaneously q 30 minutes PRN for DYSPNEA or PAIN.
HYDROMORPHONE HCL (DILAUDID) 2 mg/mL SC SCHEDULED: Inject ___ mg subcutaneously q ___ h for DYSPNEA or PAIN.
LORAZEPAM (ATIVAN) 4 mg/mL SC PRN (ODB LU Code 481): Inject 0.5 mg subcutaneously q 30 minutes PRN for DYSPNEA or ANXIETY.
LORAZEPAM (ATIVAN) 4 mg/mL SC SCHEDULED (ODB LU Code 481): Inject ___ mg subcutaneously q ___ h for DYSPNEA or ANXIETY.
MIDAZOLAM (VERSED) 5mg/ml SC PRN (ODB LU Code 481) Inject 1mg subcutaneously q30min PRN for DYSPNEA not responsive to opioid or ANXIETY or MYOCLONIC JERKS May increase to 2.5mg subcutaneously q30min PRN if symptoms not adequately controlled. If regular dosing required, initiate scheduled LORAZEPAM
SALBUTAMOL 100mcg MDI (VENTOLIN) INHALER WITH AEROCHAMBER PRN: Give 2 puffs q 4 h PRN for DYSPNEA or WHEEZE.
SALBUTAMOL 100mcg MDI (VENTOLIN) INHALER WITH AEROCHAMBER SCHEDULED: Give ___ puffs q ___ h for DYSPNEA or WHEEZE.
HALOPERIDOL (HALDOL) 5 mg/mL SC PRN: Inject 0.5 mg subcutaneously q 1 h PRN for AGITATION or NAUSEA or VOMITING
HALOPERIDOL (HALDOL) 5 mg/mL SC SCHEDULED: Inject ___ mg subcutaneously q ___ h for AGITATION or NAUSEA or VOMITING
METHOTRIMEPRAZINE (NOZINAN INJ) 25 mg/mL SC PRN: Inject 6.25 mg subcutaneously q 4 h PRN for AGITATION REQUIRING SEDATION.
METHOTRIMEPRAZINE (NOZINAN INJ) 25 mg/mL SC SCHEDULED: Inject ___ mg subcutaneously q ___ h for AGITATION REQUIRING SEDATION.
GLYCOPYRROLATE 0.2mg/mL SC PRN (ODB LU Code 481): Inject 0.4 mg subcutaneously q 4 hours PRN for SECRETIONS/CONGESTION.
SCOPOLAMINE HYDROBROMIDE 0.4mg/mL SC PRN (ODB LU Code 481): Inject 0.4 mg subcutaneously q 4 h PRN for SECRETIONS/CONGESTION.
TRANSDERM V PATCH 1 patch behind ear q 72 h prn for SECRETIONS/CONGESTION (not covered by ODB)
ATROPINE OPHTH DROPS 1% 3 drops SL/buccal q 4 h prn for SECRETIONS/CONGESTION
ACETAMINOPHEN (TYLENOL) 650 mg SUPP PRN: Insert 1 suppository rectally q 4 h PRN for FEVER.
BISACODYL 10MG (DULCOLAX) SUPP PRN: Insert 1 suppository rectally q 24 h PRN for CONSTIPATION.
SODIUM BIPHOSPHATE & SODIUM PHOSPHATE 180MG & 80 mg/mL (FLEET ENEMA) PRN: Insert 130 ml rectally q 72 h PRN for CONSTIPATION.
ISOPTO TEAR DROPS 1% (ARTIFICIAL TEARS) PRN: Instill 1 drop in both eyes q 8 h PRN for DRY EYES.
ARTIFICIAL SALIVA (circle one: Moistir, Biotene gel or spray): Give by mouth q 8 h PRN for DRY MOUTH.